

NASHOBA ISI SKATING SCHOOL
P.O.BOX 793 ACTON, MA 01720 (978) 263-3044
SUMMER SKATE 2017
June 26 – August 21, 2017

NAME _____ PHONE _____ EMAIL _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 BIRTHDATE _____ PARENT'S NAMES _____
 ISI# _____ LEVEL WORKING ON _____ COACH _____

Place an (x) in the box of the weeks you will be skating. Use **PREREGISTERED** price if choosing 4 or more of same class/ice session

WEEK		1	2	3	4	5	6	7	8	9		TOTAL
MONDAY GROUP CLASSES	prereg/wo*	6/26	7/3	7/10	7/17	7/24	7/31	8/7	8/14	8/21		
4:40-5:55 pm Freestyle1-4/Freestyle 5-10	\$18/\$24											
8:00-9:00 pm Adult Class - All Levels	\$18/\$21											
MONDAY PRACTICE ICE		6/26	7/3	7/10	7/17	7/24	7/31	8/7	8/14	8/21		
7:00-7:45 pm Practice Ice	\$12/\$17											

*pre registered price/walk on price

Class and Practice Ice is held in RINK 1

LEARN TO SKATE and *BASIC SKILLS Alpha – Delta* is offered through NASHOBA VALLEY OLYMPIA this summer.
 Registration is on line at www.skatenashoba/summer-skate.

Checks payable to: NVO or Nashoba Valley Olympia (\$25 fee returned checks). We reserve the right to cancel due to insufficient enrollment.

RELEASE FORM: I hereby absolve Nashoba Valley Olympia and its ISI staff and all related agents from all responsibilities for injuries or illnesses to the above skater and hold the above parties and their agents harmless from all claims. All skaters participate at their own risk.

Signature _____ Date _____
 (parent or guardian if skater is under 18 yrs. old)

www.nashobaisi.com

NASHOBA ISI SKATING SCHOOL

ISI, Ice Skating Institute, is a figure skating program developed in 1959 by world class skaters convinced that ice skating should be available to anyone wishing to learn the sport. Designed for skaters of all ages and ability levels, young or old, beginner or advanced, ISI programs allow skaters to participate in a recreational sport, set and meet individual goals and display achievements at early levels.

ISI Programs and Classes

The Freestyle 1 – 10 class follows after the Alpha – Delta levels have been passed. This class allows skaters to concentrate on the more sophisticated aspects of the sport, learning advanced jumps, spins, footwork and choreography.

The Adult Program (ages 13 – 90!) follows a nationally recognized format which begins with the basic skills levels. Adults are placed into small groups according to ability and progress from level to level at their own pace. Music and body stretching, along with stroking and edgework are stressed.

All **LEARN TO SKATE** and **BASIC SKILLS Alpha-Delta Classes** are being offered through Nashoba Valley Olympia this summer. Please sign up on line at www.skatenashoba.com/summer-skate

For more information on Nashoba ISI Skating School, please visit www.nashobaisi.com